

HEAD COACH BARRY GOLDBERG



Barry Goldberg recently completed his 20th season as the Head Coach of the American University Volleyball Program. Responsible for the dramatic rise of the program, Barry has established American as a domineering power in the Patriot League and the Eagles are well respected among the nation's best volleyball programs. American Volleyball has been Conference Champions 11 of the last 12 years, including eight straight Patriot League Championships and NCAA appearances.

As architect of the Eagles program, Goldberg has led AU to 20 or more wins in 19 of his 20 seasons at the helm. He owns an overall record of 498-186, for an incredible .728 winning percentage, which ranks him among the top-20 active collegiate coaches in the country. As a four-time Coach of the Year honoree and the 2001 and 2006 Patriot League Coach of the Year, Goldberg has produced 33 All-Patriot League selections in seven years, eight Player of the Year winners and three American Volleyball Coaches Association All-America selections. In the classroom, his teams have maintained above a 3.3 grade point average over the past seven years.

ASSISTANTS

AARON AND JOLENE SHEPARDSON



Aaron Shepardson comes to AU with 13 years of playing and coaching experience at the collegiate, club and international level. Shepardson has spent four seasons with Front Range Volleyball Club in Colorado. Shepardson served as the Head Coach of the Mountain Division from 2006-08 and an assistant coach to the Front Range Club from 2001-02 and helped the team to the 2002 National 18 and under Open Championship. Shepardson played for five seasons with the Baylor University volleyball club as an outside hitter and setter before beginning a professional playing career in Europe and Asia. He played one season as an outside hitter and libero for the USA Men's National Team from 2000-01.



Jolene Shepardson comes to AU with 18 years of playing and coaching experience at the collegiate, club and international level. Jolene moved to D.C. from Colorado where she served as a head coach for Front Range Volleyball Club for 3 seasons and worked as a NASM Certified

Personal Trainer. Jolene played at University of South Florida as an outside hitter and competed in the second round of NCAA's her senior year. She went on to play professionally in Europe and Asia. Aaron and Jolene are married and currently reside in Alexandria, VA.

CONTACT INFORMATION

PHONE: (202) 256-0660

FAX: (202) 885-3029

EMAIL: JSHEPARD@AMERICAN.EDU

AMERICAN VOLLEYBALL CAMP
4400 MASSACHUSETTS AVENUE, NW
WASHINGTON, D.C. 20016-8005
PHONE: (202) 885-3031

BARRY GOLDBERG'S AMERICAN VOLLEYBALL CAMP



HELD ON THE CAMPUS OF AMERICAN UNIVERSITY

The Complete Player Camp

July 13 – 16, 2009

Middle School Combo Camp

July 13 – 16, 2009

All Skills Camp

July 28 – 31, 2009

NEW THIS YEAR!

POSITION CAMPS

Setter Camp

August 1 – 2, 2009

Hitter Camp Libero Camp

August 3 – 4, 2009

Server Camp

August 5, 2009

For Girls and Boys ages 8 – 18

This camp is not owned or operated in any way by American University

CAMP DESCRIPTIONS

THE COMPLETE PLAYER

Join us for the total package in a volleyball camp experience! Each day will consist of two indoor court sessions and one outdoor beach session. There will also be specialized instruction in volleyball-specific strength and conditioning, sports nutrition, mental toughness strategies, and college recruitment strategies. This camp is sure to help you maximize your volleyball experience and become a more complete volleyball athlete.

Dates: Monday, July 13 – Thursday, July 16

Times: morning, noon and night daily (Registration begins at 11:00am on the 13th)

Age Group: Grades 9-12 (This camp will have various groups for players of all abilities)

MIDDLE SCHOOL COMBO CAMP

Learn the fundamentals of both the indoor and the outdoor beach game. Each day will consist of one indoor court session and one outdoor beach session. Campers will maximize their abilities in skill and competition and have a blast! Find out which game you love the best!

Dates: Monday, July 13 – Thursday, July 16

Times: 9am – 4:30pm each day (Registration begins at 8 a.m. on the 13th)

Age Group: Grades 5-8 (This camp will have various groups for players of all abilities)

ALL SKILLS

Come and prepare for your upcoming school tryouts and fall volleyball season with this all skills preparation camp. This opportunity will give you all the tools you will need to make that team you want to make and jump to the next level in the sport.

Dates: Tuesday, July 28 – Friday, July 31

Times: 9am – 4:30pm each day (Registration begins at 8am on the 28th)

Age Group: Grades 5-12 (This camp will have various groups for players of all abilities)

SETTER CAMP

Train to become a proficient setter in this one of a kind position camp designed to prepare you for the tough aspects and challenges of being the setter. This camp is the perfect opportunity for the skilled volleyball player who wants to move beyond the average setter on their local team.

Dates: Saturday, August 1 – Sunday, August 2

Times: 9am – 4:30pm each day (Registration begins at 8am on the 1st)

Age Group: Grades 5-12 (This camp will have various groups for players of all abilities)

HITTER CAMP

Improve your hitting skills with this two day technical camp designed to help players become proficient spikers. Learning groups will cover areas of attacking including: approach, take off, body awareness, arm swing and wrist/hand control, and shot selection.

Dates: Monday, August 3 – Tuesday, August 4

Times: 9am – 4:30pm each day (Registration begins at 8am on the 3rd)

Age Group: Grades 5-12 (This camp will have various groups for players of all abilities)

LIBERO CAMP

Pass, dig and serve with this high level collegiate intensity camp designed to help back row players become specialists in the art of controlling the volleyball. We will train you to be a difference maker for your team.

Dates: Monday, August 3 – Tuesday, August 4

Times: 9am – 4:30pm each day (Registration begins at 8am on the 3rd)

Age Group: Grades 5-12 (This camp will have various groups for players of all abilities)

SERVER CAMP

Struggling with your serve? This is the place to get it together.

Underhand, overhand float, top spin, jump serve, whatever your desire, we've got the fire! Learn and grow with our top serving professionals.

Dates: Wednesday, August 5th

Times: 9am – 4:30pm (Registration begins at 8am)

Age Group: Grades 3-12 (This camp will have various groups for players of all abilities)

This camp is not owned or operated in any way by American University

EIGHT-TIME PATRIOT LEAGUE CHAMPIONS



FEES & PAYMENT

	Before June 1 st EARLY BIRD	After June 1 st REGULAR
COMPLETE PLAYER		
Commuter	\$380	\$400
Overnight*	\$580	\$600
MIDDLE SCHOOL COMBO		
Commuter	\$340	\$360
Overnight*	\$540	\$560
ALL SKILLS		
Commuter	\$340	\$360
Overnight*	\$540	\$560
POSITION CAMPS – TWO DAY SETTER, HITTER, LIBERO		
Commuter	\$220	\$240
Overnight**	\$340	\$360
POSITION CAMP – ONE DAY SERVER		
Commuter	\$120	\$140

*Includes 3 nights lodging and 10 meals **Includes 1 night lodging and 4 meals

To secure a spot in camp, please return this application along with a 50% per camp non-refundable deposit.

Payments accepted in the form of personal check, money order or cash. Please make checks and money orders payable to:

“American Volleyball Camp”

HURRY! 2008 CAMPS WERE SOLD OUT!!!

WHAT TO BRING

Each **commuter** should bring a bag lunch or money for lunch/dinner (various venues available on campus), water bottle, extra t-shirt, socks, knee pads and a towel. **Volleyball apparel will be available for purchase at the Camp Store.**

APPLICATION

Please check which camp(s) you will be attending

COMPLETE PLAYER	JULY 13-16	___
MIDDLE SCHOOL COMBO	JULY 13-16	___
ALL SKILLS	JULY 28-31	___
SETTER	AUGUST 1-2	___
HITTER	AUGUST 3-4	___
LIBERO	AUGUST 3-4	___
SERVER	AUGUST 5	___
T-SHIRT SIZE	YM YL S M L XL	___

Name: _____

Address: _____

City: _____ State: _____

Zip Code: _____ Phone: _____

Email: _____

Date of Birth: _____ Grade in Sept. '09: _____

School: _____

Club(s): _____ yrs.

Emergency Contact: _____

Emergency Phone: _____

MEDICAL RELEASE

All campers must have their own medical coverage. The Barry Goldberg's American Volleyball Camps provide only excess coverage after your insurance policy has been utilized. Campers *will not be allowed to play* unless the following information is submitted and the form is signed by a parent or legal guardian of the camper.

Health Insurance Company: _____

Policy Number: _____

PARENT / GUARDIAN: PLEASE READ AND SIGN

The undersigned, being a parent or legal guardian of the child requesting camp admittance, does hereby affirm that the applicant is physically able to perform activities conducted at the Barry Goldberg's American Volleyball Camp and I hereby authorize any medical evaluation or treatment which may be advised or recommended by the attending physician of my child while at the Barry Goldberg's American Volleyball Camp. In consideration of my application being accepted, intending to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release and forever discharge any and all claims for damages, which I may have or may hereafter occur to me against American University, the volleyball program or their respective officers, agents, representatives, successors and/or assigns for any or all damages which may be sustained or suffered in connection with my association with, or participation in, Barry Goldberg's American Volleyball Camp on the campus of American University. I, the parent or guardian, do hereby agree to the above waiver and release.

Parent / Guardian Signature _____